

3 Counties Cross Country League Results

Venue **Dunstable**

4-November-2018

Amphthill & Flitwick Flyers

Team Score

787

Men

No.	First Name	Surname	Age Cat		Team
141	Tim	Harris	M35-39	3	3
184	Joe	Strange	M25-29	9	9
190	Mark	Waine	M45-49	10	10
138	Ian	Halpin	M30-34	11	11
145	Phil	Holland	M40-44	19	19
189	Steven	Upton	M40-44	23	23
103	Dave	Ackerley	M25-29	28	28
160	Lee	Murphy	M25-29	32	32
				135	135

Women

No.	First Name	Surname	Age Cat		Team
228	Kerry	Large	F30-34	13	147
215	Amy	Farr	F35-39	15	159
238	Hattie	Oakley-King	F30-34	16	169
256	Lisa	Wells	F50-54	19	177

63

652

Bedford Harriers

Team Score

895

Men

No.	First Name	Surname	Age Cat		Team
383	Phil	Jamieson	M30-34	13	13
367	Ian	Hammett	M35-39	15	15
489	Danny	Winn	M30-34	16	16
300	Ed	Castro	M30-34	24	24
311	David	Course	M40-44	29	29
339	Gary	Finch	M50-54	41	41
500	Mark	E-Jones	M50-54	42	42
313	Sean	Crawley	M40-44	61	64
				241	244

Women

No.	First Name	Surname	Age Cat		Team
342	Anna	Folland	F45-49	8	130
400	Sally	Knight	F45-49	10	141
453	Claire	Rulton	F40-44	22	189
298	Sally	Cartwright	F50-54	23	191

63

651

Biggleswade AC

Team Score

1481

Men

No.	First Name	Surname	Age Cat		Team
514	Steven	Baldwin	M25-29	22	22
528	Marcus	Davey	M45-49	66	69
555	Rob	Morgan	M40-44	72	75
548	Nick	Haworth	M40-44	75	78
526	Paul	Cooke	M40-44	86	90
570	John	Stott	M45-49	124	132
510	Charlie	Arnold	M60-64	129	137
547	Neil	Harvey	M55-59	214	267
				788	870

Women

No.	First Name	Surname	Age Cat		Team
520	Hannah	Broom	F35-39	1	50
511	Emma	Bailey	F40-44	11	142
554	Natalie	Morgan	F40-44	14	154
550	Kathryn	Juty	F45-49	52	265

78

611

Dunstable Road Runners

Team Score

1860

Men

No.	First Name	Surname	Age Cat		Team
679	Steve	Kerin	M30-34	59	62
731	James	Young	M17-19	84	88
651	Liam	Deller	M35-39	89	93
732	Neill	Currant	M40-44	96	100
648	Robert	Curtis	M55-59	114	120
683	Stuart	Lamond	M30-34	127	135
713	Jose	Santos	M40-44	136	149
736	David	Morgan	M50-54	147	162
				852	909

Women

No.	First Name	Surname	Age Cat		Team
664	Ruth	Grint	F50-54	29	212
701	Clare	Murphy	F	41	239
725	Teresa	Warren	F45-49	44	246
724	Jeannette	Walster	F50-54	47	254

161

951

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Leighton Fun Runners

Team Score

1607

Men

No.	First Name	Surname	Age Cat		Team
835	Peter	Mackrell	M35-39	8	8
823	Steve	Harrison	M45-49	57	59
821	Dan	Green	M40-44	62	65
808	Tom	Ellerton	M25-29	69	72
819	Matthew	Gilbert	M40-44	87	91
852	James	Smith	M45-49	94	98
825	Andrew	Heale	M50-54	95	99
803	Eddie	Cusick	M55-59	153	168
				625	660

Women

No.	First Name	Surname	Age Cat		Team
864	Elle	Laird	F30-34	34	225
839	Karen	McLean	F50-54	37	230
865	Rosie	Booth	F40-44	39	233
824	Sam	Heady	F35-39	50	259

160

947

North Herts Road Runners

Team Score

668

Men

No.	First Name	Surname	Age Cat		Team
1072	Thomas	Webb	M30-34	4	4
929	Adam	Bowler	M35-39	6	6
1058	Darren	Sunter	M35-39	7	7
1040	Matthew	Sayers	M40-44	12	12
1019	Stewart	Overton	M35-39	21	21
1033	John	Rayner	M35-39	34	34
1003	Darren	Matussa	M40-44	35	35
974	Robert John	Harris	M40-44	37	37
				156	156

Women

No.	First Name	Surname	Age Cat		Team
1006	Astrid	Mckeown	F45-49	4	85
910	Paula	Adams	F45-49	5	112
939	Jane	Clarke	F35-39	9	139
1063	Caroline	Thrussell	F55-59	18	176

36

512

Northampton Road Runners

Team Score

1614

Men

No.	First Name	Surname	Age Cat		Team
1205	Norbert	Mihalik	M35-39	14	14
1200	Tony	Letts	M50-54	17	17
1189	Tom	High	M25-29	18	18
1239	Matthew	Clarke	M40-44	26	26
1163	Illir	Brecani	M40-44	36	36
1237	Mitchell	Baines	M25-29	98	102
1166	Mick	Conroy	M55-59	103	107
1216	Andrew	Rosewell	M30-34	120	127
				432	447

Women

No.	First Name	Surname	Age Cat		Team
1185	Jocelyn	Granger	F55-59	48	255
1157	Suzanne	Baldwin	F50-54	65	289
1210	Elaine	Palmer	F50-54	75	305
1155	Vicki	Baker	F40-44	83	318

271

1167

Olney Runners

Team Score

3336

Men

No.	First Name	Surname	Age Cat		Team
1356	Stephen	Dicks	M45-49	106	110
1354	Justin	Crook	M40-44	155	172
1352	Chris	Barnes	M50-54	172	197
1368	David	Shakespeare	M50-54	195	234
1364	Mike	Pezaro	M40-44	240	325
1361	David	O'Connor	M50-54	251	345
1370	Justin	Schofield	M45-49	267	381
	Last	Man		283	482
				1669	2246

Women

No.	First Name	Surname	Age Cat		Team
1344	Lisa	Russell	F45-49	21	188
1372	Amy	Butler	F40-44	36	229
1347	Helen	Margetts	F40-44	76	306
1343	Rachel	David	F50-54	107	367

240

1090

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Stopsley Striders

Team Score

1644

Men

No.	First Name	Surname	Age Cat		Team
1493	Tom	Rankin	M20-24	44	44
1480	Gez	Fallon	M45-49	58	61
1508	Ahmed	Berrah	M35-39	73	76
1486	Michael	Tucker	M30-34	78	81
1475	John	Chapman	M60-64	101	105
1479	Martin	Fallon	M50-54	109	114
1495	Pat	Blessing	M55-59	111	116
1483	Philip	Davies	M25-29	112	117
				686	714

Women

No.	First Name	Surname	Age Cat		Team
1466	Christine	Lathwell	F40-44	2	52
1459	Miriam	Linforth	F35-39	45	247
1464	Karen	Ashby	F55-59	79	311
1451	Martin	Emmanuel	F35-39	84	320

210

930

Team East Haddon

Team Score

2027

Men

No.	First Name	Surname	Age Cat		Team
1581	Andy	Green	M50-54	40	40
1611	Chris	Bell	M50-54	47	47
1591	Adrian	Homer	M45-49	80	83
1590	Rob	White	M55-59	92	96
1616	Olly	Pearson	M35-39	107	111
1608	Charles	Spencer	M30-34	115	121
1615	Andy	Peel	M35-39	128	136
1577	Sam	Cortese	M60-64	223	287
				832	921

Women

No.	First Name	Surname	Age Cat		Team
1604	Lindsay	Scott	F30-34	12	143
1602	Liv	Thompson	F30-34	20	185
1603	Sarah	Ryder	F25-29	80	312
1578	Val	Bridges	F65-69	185	466

297

1106

Wellingborough & District AC

Team Score

799

Men

No.	First Name	Surname	Age Cat		Team
1651	Alex	Ash	M25-29	2	2
1681	Craig	Clements	M35-39	25	25
1676	Greg	Spellman	M50-54	30	30
1674	Jon	Kemp	M45-49	38	38
1671	Paul	Huckle	M30-34	43	43
1705	Patrick	Barber	M30-34	48	48
1679	Ben	Shirley	M40-44	55	57
1689	Peter	Cowler	M40-44	79	82
				320	325

Women

No.	First Name	Surname	Age Cat		Team
1722	Kelly	Barnett	F25-29	3	60
1713	Lisa	Smith	F35-39	6	118
1733	Helen	Etherington	F35-39	7	126
1714	Louise	Kemp	F40-44	17	170

33

474

Wootton Road Runners

Team Score

1716

Men

No.	First Name	Surname	Age Cat		Team
1823	Michael	Hobbs-Aldridge	M45-49	1	1
1877	Geoff	Bonnett	M25-29	31	31
1816	Richard	Lack	M45-49	49	49
1846	Jason	Eales	M40-44	93	97
1872	John	White	M40-44	130	138
1857	Chris	McFaul	M45-49	135	148
1886	Andrew	Myers	M30-34	137	150
1865	Craig	Goodman	M30-34	145	160
				721	774

Women

No.	First Name	Surname	Age Cat		Team
1887	Jo	Gardner	F30-34	33	219
1881	Gill	Jakeman	F40-44	38	232
1815	Phoebe	Lowick	F30-34	40	235
1858	Frances	Hooper	F40-44	49	256

160

942

3 Counties Cross Country League Results

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Rugby & Northampton AC

Team Score

1587

Men

No.	First Name	Surname	Age Cat		Team
1924	Hayen	Arnall	M17-19	5	5
1975	Joe	Musgrove	M17-19	20	20
1958	Chris	Lamb	M30-34	27	27
1936	Vince	Carroll	M45-49	51	53
1974	Oliver	Munns	M20-24	53	55
2001	Adam	Bebbington	M17-19	68	71
1985	John	Saw	M40-44	125	133
1950	Oliver	Harvey	M20-24	143	157
				492	521

Women

No.	First Name	Surname	Age Cat		Team
1941	Angela	Copson	F70-74	28	209
1977	Helen	Needham	F45-49	57	276
1921	Vicky	Anderson	F45-49	64	286
1965	Trudi	Mawby	F35-39	69	295

218

1066

Team Summary

	Men		Women		Team			
Ampthill & Flitwick Flyers	1	135	3	63	2	135	652	787
Bedford Harriers	3	241	3	63	4	244	651	895
Biggleswade AC	10	788	5	78	5	870	611	1481
Dunstable Road Runners	12	852	8	161	11	909	951	1860
Leighton Fun Runners	7	625	6	160	7	660	947	1607
North Herts Road Runners	2	156	2	36	1	156	512	668
Northampton Road Runners	5	432	12	271	8	447	1167	1614
Olney Runners	13	1669	11	240	13	2246	1090	3336
Stopsley Striders	8	686	9	210	9	714	930	1644
Team East Haddon	11	832	13	297	12	921	1106	2027
Wellingborough & District AC	4	320	1	33	3	325	474	799
Wootton Road Runners	9	721	6	160	10	774	942	1716
Rugby & Northampton AC	6	492	10	218	6	521	1066	1587

Total of Scoring Men's Teams	8922	Contribution to Team Scores	44.56%
Total of Scoring Women's Teams	11099		55.44%